

FACING THE MONT VENTOUX



A HINT TO OUR CYCLISTS AND HIKERS WHO CHALLENGE THE PROVENCE'S GIANT .

THESE TREATMENTS ARE SPECIALLY DESIGNED TO PROVIDE COMFORT TO THE MOST STRESSED AREAS.

Furthermore, our dedicated sports coach will provide personalized guidance throughout your physical training or recovery sessions, ensuring that your needs are met with precision and care.
(cf. "The Coachings" at the end of the Menu)

THE INVIGORATING TREATMENT

60 Mins 195€ / 90 Mins 275€

The alliance between the expertise of our Spa Therapists and the benefits of the pressotherapy makes this treatment a great outlet. His main goal is to promote physical recovery by draining the toxins out of the lymphatic circulation and by eliminating the accumulation of water into the muscles. This treatment will provide you a good relaxation and a soothing effect to get « bike » on track !

THE AFTER VENTOUX MASSAGE

60 Mins 180€ / 90 Mins 260€

By draining and reoxygenating the tissues after the effort, this massage encourages the muscular response. It allows a good stretching and removes the tensions for a better recovery.

TATA HARPER EXPERTISE : THE BODY

THE REVITALIZING SCRUB

30 Mins 95€

Experience total relaxation with this soothing ritual. Effective and biodegradable, our exfoliating treatment leaves your skin soft, smooth and perfectly silky from head to toe.

THE SERENITY RITUAL

60 Mins 195€ / 90 Mins 275€

This ritual focuses on polishing the body. An exfoliating scrub and a revitalizing body oil application will leave your skin smooth and refreshed.

THE RESURFACING BODY TREATMENT

90 Mins 275€

The treatment begins with whole-body dry-brushing to loosens dead skin cells while the Resurfacing Serum smoothes and hydrates for a brighter, more even-looking skin. A body massage performed with thermal Gua Sha stones helps to ease tensions, to promote lymphatic drainage, and to tone the body for a sculpted, lifted look.

THE HONEY COCOON BODY RITUAL

90 Mins 275€

An indulgent and uplifting treatment begins with a full body scrub that softens and revitalizes the skin, followed by a body wrap rich in honey and pomegranate enzymes to nurture the skin. A relaxing body massage completes this unique pampering experience.

THE DETOX TREATMENT

90 Mins 275€

Your skin is purified thanks to an exfoliation and body wrap that eliminate toxins, accumulated on the surface of your skin. The invigorating massage will leave you revitalized and refreshed.

DEDICATED TREATMENTS

FOR MOTHER-TO-BE

THE MOM-TO-BE MASSAGE

60 Mins 180€ / 90 Mins 260€

Gentle, without any essential oils and with slow, enveloping movements, this massage is targeted for the mum-to-be, with the aim of relieving tension points and bringing a feeling of recovered lightweight.

THE “MATERNITY x TATA HARPER” FACIAL

60 Mins 195€ / 90 Mins 275€

This facial starts with a SuperKind 3 step cleansing, followed by a soft and gentle mask. A Gua Sha massage brightens the complexion and lifts the skin. Fortifying and soothing formulas associated with a décolleté massage release the tensions and leave the mother-to-be radiant.

FOR MEN

ALL OF OUR TREATMENTS ARE AVAILABLE FOR MEN.

THE TONIFYING BODY RITUAL

90 Mins 275€

Tone up your tired muscles and detoxify your skin with this complete body treatment. Our exfoliating body treatment and purifying back mask remove impurities from the skin, while a restorative massage soothes sore muscles, leaving you feeling relaxed and invigorated. Available in combination with a scalp massage, foot massage or detoxifying facial.

THE “CLEAR SKIN & MIND” FACIAL

60 Mins 195€ / 90 Mins 275€

This treatment focuses on the specific problems of men's skin. A regimen focused on reducing congestion and irritation from shaving, the skin will be refined and nourished.